

OUR STORY



Upham is a growing collection of pubs with rooms, in the south of England. Each inn celebrates its own unique character & local community that it serves. We celebrate our idyllic locations & believe we have a responsibility to protect the countryside that surrounds us, for now & future generations.



SAVE ON SIPS HAPPY HOUR

3 - 6:30pm Mon - Fri

£1 off a pint of draught beer*
25% off cocktails & wine



*Includes Grolsch & Dark Star from £3.95



* offer not available on Bank Holidays or during peak festive periods



WE CARE

Our carefully considered offering of ever growing products with purpose are highlighted within our list with either a bee or tree symbol.

Celebrating our partnerships with like-minded suppliers in support of our vision (with your help) to become more environmentally friendly & carbon neutral in every choice we make.



Each drink highlighted with a tree symbol indicates a 'sustainable story'.

APERITIFS & SPRITZ

Aperol Spritz	£10.25
Aperol Italian aperitif, prosecco, soda water & an orange slice	
Beesou Spritz	£9.95
Beesou honey aperitif, prosecco, soda water & pink grapefruit slice	
Spiced Ginger Spritz	£8.95
Makai spiced rum, ginger beer, soda water & lime slice	
Sunshine Spritz	£8.50
Limoncello, prosecco, soda water & lemon slice	
Codigo Paloma Spritz	£12.75
Codigo Rosa tequila, pink grapefruit, prosecco & grapefruit slice	

COCKTAILS

Mojito	£10.50
White rum, sugar syrup, lime juice & soda water	
Pornstar Martini	£10.95
Absolut vodka, passion fruit purée & lemon with a shot of prosecco	
Botanical Smash	£10.50
Bombay Sapphire gin, lemon, St Germain elderflower liqueur, blackcurrant, cranberry & mint	
Old Fashioned	£10.50
Maker's Mark bourbon, Angostura bitters, sugar syrup & water with orange slice	
Espresso Martini	£10.25
Absolut Vodka, Kahlua, vanilla & double espresso	
Peach Or Passion Fruit Bellini	£8.95
Peach or passion fruit purée with prosecco	
Negroni	£9.50
JJ Whitley London dry gin, Martini Rosso & Campari	
Baby Guinness	£4.25
Delicious shot made to look like a mini-pint of Guinness made with coffee liqueur & Irish cream	

MOCKTAILS

Peach Melba-Retti (0%)	£7.95
Lyre's Amaretti, strawberry syrup, peach purée & lemonade	
Virgin Mojito (0%)	£6.50
Apple juice, elderflower, soda & mint	
Peach Or Passion Fruit Belli-no (0%)	£6.95
Peach or Passion fruit purée with Lyre's 0% classico sparkling wine	

SOFTS & MIXERS

Bottlegreen Sparkling Pressés

Choose from apple or elderflower

Fruit Juices

Apple, cranberry, pineapple, tomato or orange

J2O

Orange & passion fruit, apple & mango or apple & raspberry

Double Dutch Tonics & Mixers

Indian tonic, skinny tonic, elderflower, cucumber & watermelon, pink grapefruit, ginger beer, or ginger ale

Coca Cola Bottles Original, Diet, Zero or Fanta

Draught Diet Pepsi, Pepsi Max or R Whites Lemonade



NO / LOW ALTERNATIVES

Apple-Roll Spritz (0%) £7.95
Lyre's Italian spritz, Lyre's classico sparkling wine, apple juice & soda with apple slice

Lyre's Hugo Spritz (0%) £7.50
Lyre's classico sparkling wine, elderflower, fresh mint & lime

Strawberry & Cherry Blossom Spritz (0%) £7.50
Everleaf mountain non alcoholic aperitif, double dutch Indian tonic, with seasonal berries

Lyre's Classico Sparkling Wine (0%)

Asahi Superdry 0% 330ml bottle

Peroni Nastro Azzuro 330ml bottle (0%)

Guinness 0% (0%)

Old Mout Berries 500ml bottle (0%)

Big Drop Pine Trail Pale Ale 330ml bottle (0.5%)
Naturally brewed alcohol free pale ale w/ a citrusy bite

Big Drop Paradiso - Citra IPA on draught (0.5%)
Award winning naturally brewed alcohol free beer w/ hoppy burst of citrus, vegan friendly & gluten-free



BOTTLED BEERS & CIDERS

Peroni Nastro Azzurro Stile Capri 330ml (4.2%)
Inspired by the refreshing taste & scent of the Mediterranean

Cornish Orchard 500ml (4.5%)
Gentle sparkling, made with 100% dessert apples, using only natural sugars
Choose from cherry & blackberry or raspberry & elderflower

Peroni Gluten Free 330ml (5.1%)
Subtle citrus aromatic notes without the gluten. Based on the original recipe of 1963

ON DRAUGHT

HIGHLIGHTS FROM OUR RANGE

Asahi Super Dry (5%)

Guinness (5.1%)

Grolsch (3.4%)

Big Drop Paradiso - Citra IPA (0.5%)
Award winning naturally brewed alcohol free beer
w/ hoppy burst of citrus, vegan friendly & gluten-free

Peroni Nastro Azzurro (5.1%)

Meantime Anytime IPA (4.7%)

Cornish Orchard Gold (4.5%)



Dark Star HopHead (3.4%)

An extremely clean-drinking pale golden ale with a strong floral aroma & elderflower notes from the Cascade hops. This beer is full-bodied and full-flavoured yet gentle enough to make it a favourite session beer.

Please ask for today's selection of local & national real ales – these change all the time to keep the freshest & most suitable range available to you!

SPARKLING & CHAMPAGNE

125ml / bottle

NV Prosecco Via Vai, Italy (10.5%) **£8.10 / £37.50**

Peachy, lively and light on the palate, everthing you'd expect from a Prosecco

Hattingley Valley Classic Reserve NV, England (12%) **£12.50 / £62.50**

English wine with a delicate perfume of hedgerow flowers, a flavour of green apples and a fine, rich toastiness on the finish

Hattingley Valley Rose 2020, England (12%) **£67.50**

Bright red fruit, strawberries and raspberries with a note of pomegranate - Hampshire's finest

Moët Imperial, Moët & Chandon, France (12%) **£75.00**

Well-made Champagne from a world-famous name: a succulent mouthful of pear, peach and brioche

Lyres Spark 0%, (0%) **£6.50**

This unique spirit has been impossibly crafted to capture the essence of a sparkling wine with flavours that are distinct & contemporary.



Please note ABV on wines is subject to seasonal variation.
Prices correct at the time of printing, but are subject to change.

WHITE

175ml / 250ml / bottle

AROMATIC

- Sauvignon Blanc, Frost Pocket, NZ (12.5%)** £11.00 / £14.95 / £42.50
Bags of lime and gooseberry, with hints of tropical fruit too
- Albarino Alba Martin, Codax, Spain (12%)** £44.95
The fish wine of Spain, aromatic with stone fruit flavours and lovely salinity

FRESH & CRIPS

- Blanc de Blanc, La Cadence, France (11.5%)** £6.95 / £9.95 / £26.95
Vibrant wine with fresh citrus & floral aromas
- Pinot Grigio, Sartori, Italy (11%)** £7.50 / £10.75 / £30.50
Fresh and fruity Pinot Grigio from northern Italy, with a light lemon character too
- Picpoul De Pinet, Roquemoliere, France (12.5%)** £8.95 / £12.50 / £37.25
Soft, floral white from southern France, dry and delicate with a good minerality
- Gavi di Gavi Minaia, Bergaglio, Italy (13%)** £46.50
Pretty floral and fruity with mineral notes that make this a very elegant wine
- Chablis, Tricon, France (12.5%)** £59.95
Bright, elegant crisp minerality and refreshing citrus-like acidity. Beautifully balanced, this is benchmark Chablis

FRUITY

- Chardonnay, Les Mougeottes, France (13.5%)** £7.95 / £11.50 / £32.95
Lemon and vanilla on the nose with a round, fruity body and a hint of vanilla oak character
- Macon Villages Preludes, Terres Secretes, France (12.5%)** £49.50
Nicely balanced Chardonnay from southern Burgundy, with ripe fruit balanced with oak

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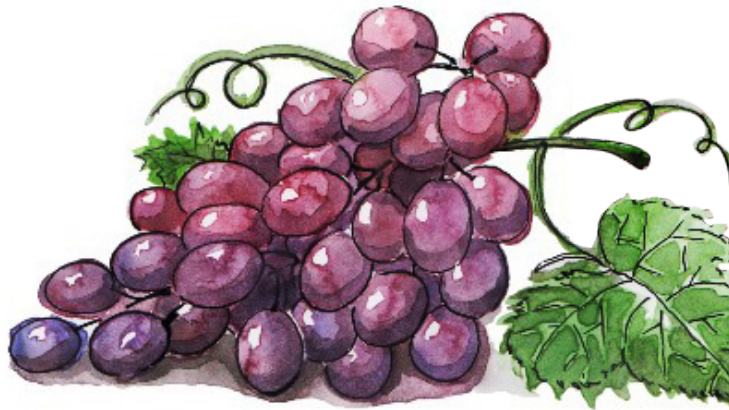
ROSE

175ml / 250ml / bottle

Rosepale CDP, Aubert and Mathieu, France (12.5%) **£11.30 / £16.20 / £43.95**
 Provence is all about red fruit with a hint of creaminess on the palate and this is a delightful example

The Beach Rose, Chateau d'Esclans, France(13%) **£46.95**
 This is the little sibling to Whispering Angel with all the typical Provence style

Pretty Gorgeous Rosé, France (12%) **£6.75 / £9.95 / £29.95**
 Full of fruit and a hint of sweetness for those who don't want a dry wine



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RED

175ml / 250ml / bottle

SOFT & FRUITY

Carignan, La Cadence, France (12%) £6.95 / £9.95 / £26.95
Full-bodied & fruity, packed with red berry aromas & hint of nutmeg

Pinot Noir, Les Mougeottes, France (13%) £8.25 / £11.75 / £33.95
Clean and precise bouquet with black cherries and raspberry aromas and a silky finish

Valpolicella Superiore DOC, Arco dei Giovi, Italy (12.5%) £42.95
Medium bodied with juicy fruit flavours, supple tannins, and a lingering finish

Bourgogne Cote d'Or Pinot, Nuiton-Beunoy DOC, France (13%) £59.95
Round and delicate, with fine tannins, leading to a fresh finish with nice cherry fruit

Estate Merlot, De Martino, Chile (14%) £9.95 / £14.25 / £41.95
Ripe dark and red berry fruit aromatics including blueberries and raspberries, combined with a plummy and spicy note.

ROUND & WARM

Montepulciano d'Abruzzo, Borgo Sena, Italy (12%) £7.75 / £10.95 / £31.50
Plum, black cherry and a smooth finish make this a great all-rounder

ROBUST

Rioja Crianza, Leza Garcia, Spain (14%) £9.95 / £14.25 / £41.95
Typical spiced raspberry and vanilla, this Rioja is very moreish

Don David Malbec, Argentina (14%) £10.20 / £14.60 / £42.25
Rich and filled with berries, plum jam and the sweetness of vanilla

DESSERT WINE

125ml / bottle

Sauternes "Les Garonelles" Lucien Lurton, France (14%) **£7.95 / £38.00**

Expressive nose with aromas of apricot, super-ripe pineapple & crème brûlée, with an elegant & well-balanced long, sweet finish

PORT

50ml glass

Cockburn's Fine Ruby 20 Year Old Tawny Port Portugal (19%) **£4.95**

A smooth full flavour with a toffee nose. Pairs well with cream based desserts

LBV Port, Quinta do Crasto, Portugal (20%) **£5.50**

Award winning, mellow & richly fruity port



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WORLD WHISKYS

HIGHLIGHTS FROM OUR RANGE

Glenfiddich 12 Year Old Scotch

Meaning 'valley of the deer' in Scottish Gaelic, with a lower abv than the increasingly popular cask strength Scotches - it's the one to drink when you're drinking more than one

Irish Whisky

Distilled three times in copper stills for smoothness - not because they have to but because they want to. Good things come in threes according to Jamo'.

Suntory Toki Japanese Whisky

This playful blended whisky from the House of Suntory takes its name from the Japanese for 'time'

Talisker Scotch Whisky

The Isle of Skye's only single malt, & one that is loved all over the world for its maritime character

Dalmore 12YO

An outstanding Highland Single Malt matured in American white oak ex-Bourbon casks, finished in rare and aged Oloroso Sherry casks.

BOURBONS & TENNESSEE WHISKEYS

HIGHLIGHTS FROM OUR RANGE

Jack Daniel's Old No 7

Charcoal mellowed drop by drop

Maker's Mark

Made from soft winter wheat (instead of the usual rye) for full flavoured bourbon



Having received B-corp status for championing social & environmental initiatives across the company & industry, Maker's Mark promotes a mission 'make your mark' - 'Leave no trace'

TEQUILA

HIGHLIGHTS FROM OUR RANGE

El Tequileno Reposada

Three generations after it's foundation, with history, heritage & passion in every drop the family's legacy continues to influence the production of the finest quality sustainable tequilas

98% of El Tequileno's production residuals are converted into organic compost which is then used to fertilize their next generation of Agave



El Rayo No1 Plata

A modern tequila created to mix with tonic water. Move over G&T the T&T has arrived

VODKA

HIGHLIGHTS FROM OUR RANGE

Absolut Vodka

Bold & original Swedish vodka. Absolut Vodka launched in New York, 1979 in a transparent & label-less bottle, inspired by an 18th Century medicine bottle

Mermaid Salt

Created with a pinch of locally sourced sea salt, like the gentle kiss of a mermaid. Distinctive & unique Mermaid salt vodka is a mixologist favourite adding a hint of sea air to their creations

Certified as net zero through off setting their carbon emissions through their work with projects such as the Ocean foundation which is an extensive sea grass growing initiative



Bombay Sapphire

Distilled at Laverstoke Mill in Hampshire. Bombay first burst onto the scene in the late 80's. By focusing on the botanicals they paved the way for a lot of the craft gins we know today

Hendrick's

A triumph of the unusual – curious, yet marvellous the infusions of rose & cucumber create the uniquely balanced flavour elevating any cocktail & all occasions

Bloom Jasmine & Rose

Sugar free premium pink gin, bursting with exquisite floral flavours

Whitley Neil Rhubarb & Ginger or Sicilian Blood Orange

From the warming flavours of a rhubarb & ginger crumble to the taste of the Mediterranean sunshine

Mermaid

Inspired by its lead botanical rock samphire, known locally as mermaids kiss this hand crafted gin is made from 10 ethically sourced botanicals designed to free your spirit

Mermaid Pink

Infuses the flavour of fresh island strawberries with a smooth yet complex taste of the award-winning Mermaid Gin, a blend of lemon zest, grains of paradise and fragrant rock samphire

Mermaid Zest

A zesty, aromatic infusion of Mermaid Gin with summer citrus fruits and wild foraged, costal botanicals. Grapefruit and cascade hops are blended with island bergamot, lemon zest and rosemary

Packaged in full recyclable glass bottles, Mermaid seals are made from plant based materials & their stoppers are made from sustainably sourced cork

RUM

HIGHLIGHTS FROM OUR RANGE

Mount Gay

Originally owned by John Sober, who inherited a small distillery at the top of Mount Gilboa in Barbados in 1703

Makai Spiced Rum

Inspired by the spirit of Polynesia blended with rich spices where modern meets tradition & ocean meets jungle

Kraken

Named after the sea beast of myth and legend, Kraken Caribbean black spiced rum is bold, rich & smooth

Mermaid Spiced Rum

A blend of Caribbean rums infused with local fruits and spices on the Isle of Wight. Enjoy the smooth and complex flavour of this eco-friendly spirit with a hint of sea air and fruity spice



AFTER DINNER SIPS

Amaretto Sweet Italian Liqueur

Courvoisier Cognac

Cockburn's Fine Ruby 20 Year Old Tawny Port

LBV Port, Quinta do Crasto, Bella Luna, Portugal

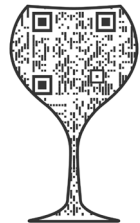
Limoncello

HOT DRINKS

Americano	£3.40	Macchiato	£3.65
Cappuccino	£3.70	Tea	£2.95
Espresso	£2.50	Specialist Tea	£3.15
Double Espresso	£3.40	Mocha	£3.70
Latte	£3.70	Hot Chocolate	£3.75
Flat White	£3.70	Deluxe Hot Chocolate	£4.75
Add syrup			+50p
Caramel, hazelnut or vanilla			
<i>Oat, soya or almond milk available on request</i>			

SCAN FOR ALLERGENS

Our food & drink is prepared in food areas where cross contamination may occur & our menu descriptions are not guaranteed to include all ingredients. If you have any questions, allergies, or intolerances please let us know before ordering. Substitutions are available to support dietary needs.



125ml size also available for all wines served by the glass